

TO MAKE A REFERRAL

Please complete the referral form found on the St. Louis County website.

For questions, please contact:

Mesabi ACT:

(218) 471-7130

Email:

AbrahamsonS@stlouicountymn.gov

Duluth ACT: (218) 728-7922

Duluth T-ACT: (218) 727-4200

Email:

ACT/TACTReferrals@stlouiscountymn.gov

Website:

<https://www.stlouiscountymn.gov/departments-a-z/public-health-human-services/adult-services/mental-health>

St. Louis County ACT teams are collaborative

The Mesabi ACT team is made up of employees from Range Mental Health, Human Development Center, Arrowhead Center, and St. Louis County.

Mesabi ACT

201 S. 3rd Ave. W.

Virginia, MN 55792

The Duluth ACT and T-ACT teams are comprised of St. Louis County and Human Development Center employees.

Duluth ACT

810 E. 4th St.

Duluth, MN 55805

Duluth T-ACT

810 E. 4th St.

Duluth, MN 55805



ASSERTIVE COMMUNITY TREATMENT



TRANSITIONAL ASSERTIVE COMMUNITY TREATMENT

AT-A-GLANCE

ASSERTIVE COMMUNITY TREATMENT (ACT) & TRANSITIONAL ASSERTIVE COMMUNITY TREATMENT (T-ACT)

ACT & T-ACT is a person-centered, comprehensive community-based practice that provides integrated treatment, rehabilitation, and support to individuals diagnosed with a Serious and Persistent Mental Illness. Services are delivered a minimum of 2-3 days a week by an interdisciplinary team of providers. The team is mobile, provides services seven days a week, and is available for crisis response 24 hours a day.

WHO WE SERVE:

St. Louis County residents who are (18+) with primary diagnosis of:

- Schizophrenia
- schizoaffective disorder
- major depressive disorder with psychotic features or other psychotic disorders
- bipolar disorder



A TEAM INCLUDES:

- Team leader (licensed mental health professional)
- Psychiatric care provider
- Licensed mental health professional
- Registered nurse
- Co-occurring disorder specialist
- Mental health certified peer specialist
- Program administrative assistant
- Employment Specialist

SERVICES:

- Assertive engagement
- Support maintaining benefits and finances
- Co-occurring disorder treatment
- Crisis assessment and intervention
- Employment services
- Family psycho-education and support
- Housing access support
- Medication education, management and support
- Mental Health certified peer specialists services
- Physical health coordination
- Rehabilitative mental health services
- Symptom management
- Therapeutic interventions
- Wellness self-management and prevention
- Other services based on needs as identified in the person's assertive community treatment individual treatment plan